



Carnes Crossroads
WELLNESS CLUB

2018 CCWC POOL CLASS SCHEDULE

More information >>> <http://ccwc.blog>

	TUESDAY Aqua Zumba® 9:00am	WEDNESDAY Aqua Zumba® 4:30pm	THURSDAY Aqua Zumba® 9:00am	FRIDAY <u>Arthritic</u> 11:00am	
MAY	1 ———	2 ●	3 ———	4 ———	FREE
	8 ———	9 ●	10 ———	11 ———	
	15 ———	16 ———	17 ———	18 ———	
	22 ●	23 ●	24 ●	25 ●	Early Summer Season
29 ●	30 ●	31 ●	1 ●		
JUN	5 ●	6 ●	7 ●	8 ———	
	12 ●	13 ●	14 ●	15 ●	
	19 ●	20 ●	21 ●	22 ●	
	26 ●	27 ●	28 ●	29 ●	
JUL	3 ———	4 ———	5 ———	6 ———	Summer Season
	10 ●	11 ●	12 ●	13 ●	
	17 ●	18 ●	19 ●	20 ●	
	24 ———	25 ———	26 ———	27 ———	
AUG	31 ●	1 ●	2 ●	3 ———	Summer Season
	7 ●	8 ●	9 ●	10 ●	
	14 ●	15 ●	16 ●	17 ●	
	21 ———	22 ———	23 ———	24 ———	
	28 ●	29 ———	30 ●	31 ●	End of Summer Season
SEP	4 ●	5 ———	6 ●	7 ●	
	11 ●	12 ———	13 ●	14 ●	
	18 ●	19 ———	20 ●	21 ●	
	25 ●	26 ———	27 ●	28 ●	
OCT	2 ●	3 ———	4 ●	5 ●	End of Summer Season

All classes are 45 minutes. It can be canceled for weather/facility condition.